



Subject: Blepharoplasty*

Effective Date: August 1, 1998

Department: Utilization Management

Policy: Blepharoplasty (CPT 15822 – 15823; 67901 through 67908) is reimbursable under plans administered by QualCare, Inc.

Objective: To assure proper and consistent reimbursement for a medically necessary service and to delineate criteria that distinguishes it from cosmetic applications.

- Procedure:**
- A. Requests for coverage of blepharoplasty must be submitted in writing and must include the following documentation:
 - 1. A description of symptoms and signs related to the condition for which blepharoplasty is planned as remedy, including but not limited to ptosis (ICD-9 374.30 – 374.33) (ICD-10, H02.401, H02.402, H02.403, H02.409, H02.411, H02.412, H02.413, H02.419, H02.431, H02.432, H02.433, H02.439) and/or dermatochalasia/blepharochalasis(374.87/374.34)(ICD-10 02.831, H02.834, H02.31, H02.34).
 - 2. Photographs demonstrating ptosis and/or dermatochalasia or other abnormality for which blepharoplasty is planned.
 - 3. A report of the impact of these symptoms and signs on the patient's visual fields and the impact, on the visual fields, of taping the eyelids open.
 - B. Medical review is required for all requests for blepharoplasty.

References:

Dan J, Sinha KR, Rootman DB. Predictors of Success Following Müller's Muscle-Conjunctival Resection. *Ophthalmic Plast Reconstr Surg*. 2018;34(5):483-486(Sept/Oct)

Jacobsen AG, Brost B, Vorum H, Hargitai J. Functional benefits and patient satisfaction with upper blepharoplasty - evaluated by objective and subjective outcome measures. *Acta Ophthalmol*. 2017;95(8):820-825(Dec)

Cahill KV, Bradley EA, Meyer DR, Custer PL, et al. Functional indications for upper eyelid ptosis and blepharoplasty surgery: a report by the American Academy of Ophthalmology. *Ophthalmology*. 2011;118(12):2510-17(Oct)

Suryadevara AC. Reconstruction of eyelid defects. *Facial Plast Surg Clin North Am* 2009;17(3):419-428 (Aug)

Bosniak SL, Cantisano-Zilkha M. Reconstructive blepharoplasty. *Otolaryngol Clin N Amer* 2005;38(5):985-1007 (Oct)

Fincher EF, Moy RL. Cosmetic blepharoplasty. *Dermatol Clin N Amer* 2005;23(3):431-442 (Jul)

Eliasoph I. Current techniques of entropion and ectropion correction. *Otolaryng Clin N Amer* 2005;38(5):903-919

Custer PL. Blepharoptosis. Ch 86 in Yanoff M, Duker JS, Augsburger JJ, et al. *Ophthalmology* 2nd ed. St. Louis. Mosby. 2004.

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*Consistent with Summary Plan Description (SPD). When there is discordance between this policy and the SPD, the provisions of the SPD prevail.