



Subject: Nutritional Counseling*

Effective Date: March 1, 1999

Department(s): Utilization Management

Policy: Nutritional counseling services are reimbursable under Plans administered by QualCare, Inc., under circumstances defined in this policy.

Objective: To provide proper and consistent reimbursement and to delineate conditions under which a specific type of service is covered.

Procedure:

1. For nutritional counseling services [CPT 97802, 97803, 97804, G0270, G0271, S9470] to be reimbursable there must be documentation of the presence of a chronic disease state in which dietary adjustment has a therapeutic role.
2. Conditions for which nutritional counseling is reimbursable include, but are not limited to, the following:
 - Atherosclerotic cardiovascular disease(ICD-9 414.0-414.7, 434-434.91, 440.0-440.9; ICD-10 I21.0-I21.4, I24.0-I24.9, I25.1-I25.9, I70.0-I70.799, I67.0-I67.2)
 - Celiac disease (ICD-9 579.0 ICD-10 K90.0)

- Chronic liver disease (**ICD-9 571.0-571.9; ICD-10 B18.0-B18.9, K70.1-K70.9, K73.0-K73.9 K75.3-K75.9**)
- Chronic renal disease (**ICD-9 403.0-403.91, 404.00-404.93, 585.1-585.9, 581.0-581.9; ICD-10 I12.0-I12.9, I13.0-I13.9, I15.1,N18.1-N18.9, N08, N16, N25.0-N25.9, N26.1**)
- Congestive heart failure (**ICD-9 428.0-428.9, 398.91, 402.01, 402.11, 402.91, 404.01, 404.03, 404.11, 404.13, 404.91, 404.93; ICD-10 I50.1-I50.9, I11.0, I09.81, I13.0, I13.2**)
- Diabetes mellitus, including gestational diabetes mellitus (**ICD-9 249.0-249.91, 250.0-250.93, 648.00-648.04; ICD-10 O24.01-O24.93, E08.0-E08.9, E09.0-E09.9, E10.1-E10.9, E11.0-E11.9, E13.0-E13.9**)
- Eating disorders (**ICD-9 307.1, 307.50, 307.51; ICD-10 F50.0-F50.9**)
- Gastrointestinal enzyme deficiencies (e.g., lactose intolerance)(**ICD-9 271.0-271.9, 579.3-579.9; ICD-10 E73.0-E73.9, E74.1-E74.9, K86.0, K86.1, K86.81, K90.3,K86.81**)
- Hyperlipidemia
- Hypertension(**ICD-9 401.0-401.9, 405.0-405.99; ICD-10 I15.0-I15.9, I10, O10.0-O10.03, O13.1-O13.9, O16.1-O16.9**)
- Inborn errors of metabolism (e.g., phenylketonuria [PKU])(**ICD-9 270.0-270.9; ICD-10 E70.0-E70.9, E71.0-E71.448**)
- Inflammatory bowel disease (**ICD-9 555.0-555.9, 556.0-556.9; ICD-10 K50.00-K50.919, K51.00-K51.919**)
- Nutritional deficiencies(**ICD-9 269.0-269.9, 281.1-281.9, 261,**

- 264.0-264.4, 266.1-266.9; ICD-10 D52.0-D52.9, .0-D53.9, E41, E50.0-E50.9, E56.0-E56.9, E61.0-E61.9, E63.0-E63.9, E64.0-E64.9, E53.0-E53.9)**
- Obesity(**ICD-9 278.00-278.03, 649.10-649.24, V45.86; ICD-10 E66.01-E66.2, E66.8, E66.9, O99.210-O99.215)**)
 - Overweight (BMI >25kg/m²) with known cardiovascular risk factors (hypertension, dyslipidemia, impaired fasting glucose, metabolic syndrome)(**ICD-9 278.02: ICD-10 E66.3)**)
 - Seizure disorders requiring ketogenic diet (**ICD-9 345.0-345.91; ICD-10 G40.0-G40.919, G40.A-G40.B19)**)
 - Chronic obstructive pulmonary disease(**ICD-9 491.2-419.9, 492.0, 492.8, 506.4; ICD-10 J42, J43.0-J43.9, J44.0-J44.9, J68.4)**)
 - Cystic fibrosis (**ICD-9 277.00- 277.09; ICD-10 E84.0-E84.9)**)

3. Nutritional counseling as a separately reimbursable consultative service may be provided by any of the following:

- Nurse
- Physician
- Physician assistant
- Registered dietitian

4. Individual SPDs must be consulted to determine coverage for a given condition and number of visits covered. If no number of visits is specified by the SPD, the limit is three visits per calendar year per condition.

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*Consistent with Summary Plan Description (SPD). When there is discordance between this policy and the SPD, the provisions of the SPD prevail.